



**HM GOVERNMENT OF GIBRALTAR**  
**MINISTRY FOR SPORTS, CULTURE, HERITAGE & YOUTH**  
**GIBRALTAR YOUTH SERVICE**  
Montagu Bastion  
Line Wall Road  
Gibraltar

## **PRESS RELEASE**

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### **Life choice course**

Sixteen young people from the Youth Centre at Montagu Bastion took part in a 'life choice introductory course' that was held on 2<sup>nd</sup> & 3<sup>rd</sup> of May.

The course involves handling and giving appropriate care to a "virtual" baby.

This offers young people the possibility of real hands on experience about one of the realities of parenting.

The babies are previously programmed to cry when they need a particular care. The participants then have to figure out what care they need providing. Babies cry in need of a feed, winding, rocking or need to have a nappy change. Carers have 2 minutes to meet the need before the babies start crying.

The life choice programme offers a fantastic learning opportunity for young people.

Certificates were given to all those who participated.

A full version of the course will be offered in September. For more details contact the Youth Office on 20075020.